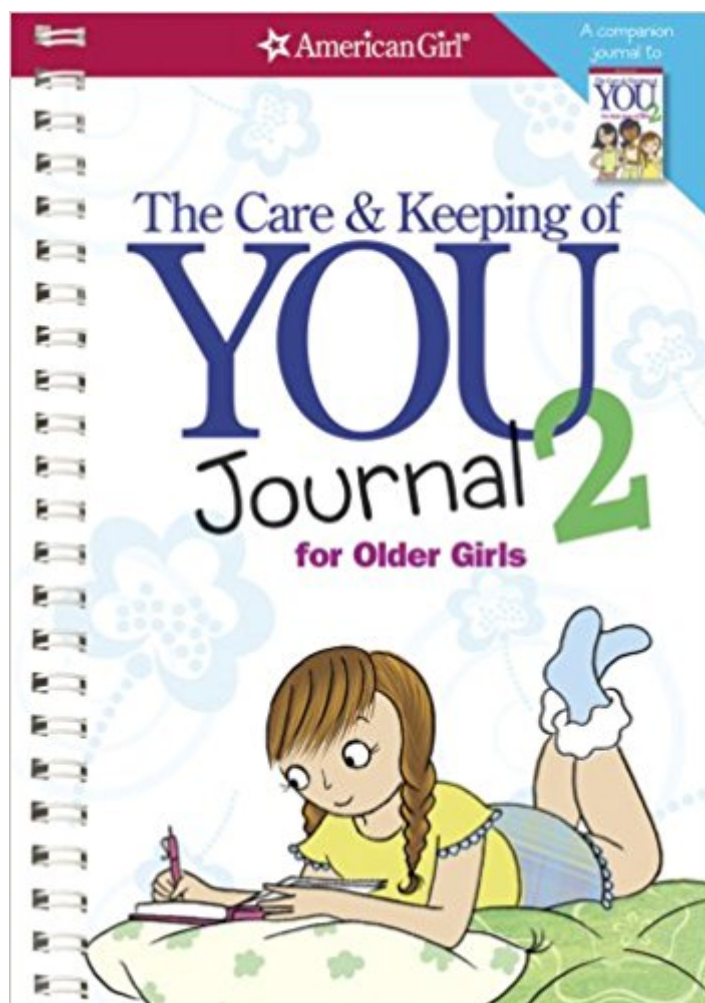


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# The Care And Keeping Of You 2 Journal (American Girl)



## Synopsis

This new journal is especially made for girls 10 and older, and is the companion title to our newest body book, *The Care & Keeping of You 2!* Within this journal you'll have the perfect place to write down your thoughts about the changes happening to your body, mind, and emotions. So even on the days when you feel out of control, the quizzes, questions, checklists, and drawing assignments will help get you back on the path to feeling your best.

## Book Information

Lexile Measure: 1000 (What's this?)

Series: American Girl

Spiral-bound: 96 pages

Publisher: American Girl; Spi edition (September 3, 2013)

Language: English

ISBN-10: 1609581083

ISBN-13: 978-1609581084

Product Dimensions: 5.5 x 0.3 x 7.8 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 62 customer reviews

Best Sellers Rank: #25,441 in Books (See Top 100 in Books) #14 in [Books > Children's Books > Growing Up & Facts of Life > Health > Maturing](#)

Age Range: 10 - 12 years

Grade Level: 5 - 9

## Customer Reviews

My 11 year old enjoys these books and they really help her to understand a little better about the change she is going through and that it is normal. It helps her not be so anxious and it helps me too because sometimes I just can't find the right words to say. I feel like a very loving and caring mother when I give these kind of books to my daughter.

My granddaughters are loving the information that they are receiving from reading these books. I get to answer some questions that I never thought I would have to answer again. Their pediatrician recommended these books after purchasing them for her daughters.

My great granddaughters loved these journals and the corresponding books. I gave the 10 year old

the one for younger girls and the 12 yr old this one. I can't rate them highly enough (the books and the girls ha!). The books relieved their anxiety and curiosity about their changing bodies. Helpful for all preteen and teen girls but it's almost essential for girls who live with their fathers or for girls who live in foster care or are just too embarrassed to ask questions. It is written in a fun style not at all like a text book as it answers questions about periods, bras, hygiene, body odor, pimples, body hair, etc.

I bought these for my daughter to help explain everything. The 2nd set follows is a great transition from the 1st. My daughter loves to write so the journal was a plus for me.

Purchased this along with The Care and Keeping of You 2 book for my 10 year because she saw that her older sister had a set. She likes writing in the journal and we would read sections together. Good to use to as a way to start the conversation on some of the awkward subjects.

Perfect for an 11 year old girl. Its a nice safe place for my daughter to track feelings and changes. The book's size evokes the idea of personal/private. Easy to keep in a nightstand drawer.

Perfect for our almost 11-year-old girl. She loves this series of journals with the books.

This journal is wonderful, my daughter writes in it often! She refers to it regularly and sometimes even shares her thoughts with me. :-)

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